
Active Global Citizenship

How to guide

These training materials have been created by Scotdec in collaboration with the NHS Global Citizenship programme to support professional learning across all sectors of NHS Scotland. They can also be used in association with the NHS Scotland and the Sustainable Development Goals booklet and cards set. The introductory PowerPoint session supports the delivery of the activities outlined in the booklet.

Why Global Citizenship?

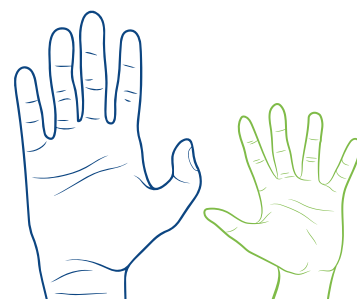
“Global citizenship is a way of living that recognises our world as an increasingly complex web of connections and interdependencies. One in which our choices and actions may have repercussions for people and the communities both locally, nationally and internationally.”

International Development Education Association Scotland

With a focus on values and global issues like human rights, equality, and diversity, Global Citizenship Education is a kind of transformative education that aims to shift individual perspectives and influence collective action and behaviours. It enables people to think critically, to see things globally while acting locally, and to make informed decisions that are coherent with sustainable development. The training materials use a Global Citizenship Education approach to encourage deeper engagement with the key principles of Active Global Citizenship within the NHS Scotland.

This [very short animation](#) provides a great overview of ‘transformative education’

Active Global Citizenship within NHS Scotland is based on three key principles: the understanding that inequity leads to health inequality; poverty causes poor health; and climate change is a public health emergency. The themes within the principles are the focus for the training materials with explicit links made to relevant Sustainable Development Goals. A further strand of the training materials provides reflective activities for those involved in, or planning to embark on, partnerships with the global south.



Who are they for?



The resources have been created for all staff within NHS Scotland who:

- would like to reflect more deeply about their values and their applicability to some of the big issues that impact on health;
- want to learn more about the Sustainable Development Goals and their relevance to day-to-day work in NHS Scotland; or, feel passionate about global citizenship and are keen to find ways to share, communicate, and further engage with their colleagues.

The Power and Partnerships resource is particularly suited to those involved in, or planning to embark on, health partnerships with the global south.

How to run the sessions

The sessions are designed to be delivered using active and participatory learning methodologies, core to enabling transformative education, and provide space for personal and professional reflection. The materials can be used for online virtual training or face to face. If running on a virtual platform we encourage the use of breakout rooms and other available tools. In particular we would suggest using jamboards to facilitate some of the discussion and activities in the break out rooms. If running face to face you will need a way to record ideas, we would recommend using either a dry erase board or a laptop and projector screen, along with scrap paper which is cut roughly to A6 size (to avoid the use of flip chart paper and post-it notes).

The materials can be used flexibly and can be used to create bespoke shorter sessions depending on the needs of the participants. There is also a variety of follow up material for those who wish to go deeper into exploring the issues raised in the training. We recommend thinking through what are your hopes or aims for the session. Do you want to share information and raise awareness of the issues or are you hoping to start a process of change. Who is the session aimed at? What are their expectations? You might also like to think about co-facilitating with a colleague.

Finally – this approach to learning and teaching might be different for you and your colleagues. There is potential for controversial and challenging topics to arise. You should consider establishing ground rules for discussion at the start of a session, creating a safe space by using a verbal contract, and acknowledge that people may be asked to step out of their ‘comfort zone’. The sessions encourage deep reflection and to consider both our personal and professional values, challenging assumptions and potentially revealing hidden bias.



Overview of sessions

All activities have their own learning intentions (aims) to enable the facilitator to tailor their programme to the needs of the participants. These can all be found at the beginning of the activities in the PowerPoint.

There are 4 themed standalone sessions outlined below:

Imagining better futures: global citizenship and NHS Scotland

Introduction to Global Citizenship with NHS Scotland

Overview of the UN Sustainable Development Goals

Explore the role of values in creating positive change in the world

Power and Partnerships (SDG: 17 Partnerships for the Goals)

Reflecting on power, identity and privilege

Unlearning: charity, development and the media

Creating and sustaining equitable North / South partnerships

Home and away: Poverty, inequality and health

Causes and impacts of poverty local and globally

Explore health inequalities and the role NHS Scotland can play in reducing these

Responsible consumption: a green prescription for a fairer future

Considering how local actions have global impacts

Better understand the local significance of global issues

Climate change and public health

Access the resources



IDEAS and Scotdec, in partnership with the Global Health Coordination Unit at the National Health Service Scotland have developed Active Global Citizenship resources and training for NHS staff. [Find out more.](#)

