Scotland Malawi Mental Health Education Project (SMMHEP)

COLLEGE OF MEDICINE IN BLANTYRE

SMMHEP

- Started 2006
- Teaching medical students 2007
- Charity 2009
- Completed postgraduate training programme 2013 – 17
- Current postgraduate training programme 2018 -

Mental Health Services in Malawi

- 2 consultant psychiatrists

- 17 million people
- Similar range and prevalence of ordinary disorder as UK
- More mental disorder related to physical ill health
- Limited development of facilities and services
- Patchy quality of clinical and support services

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CHIDZIWITSO KWA ODWALA OGONELA KWAO
NTHAWI YOBWELERA KUCHIPATALA
KUYAMBIRA LOLEMBA MPAKA LACHISANU
7.30 MMAWA MPAKA 3.30 MADZULO
LOWELUKA 7.30 MMAWA MPAKA 11.30 MMAWA
KOMA ANTHU ODWALA MWADZIDZIDZI NDI
ANGOZI OKHA, ANGATHE KULANDILA CHITHANDIZO
NTHAWI ILI YONSE NGAKHALE LA MULUNGU (SUNDE)

ROOM 6 PSYCH

occupation

A (Malawian) psychiatrist's job is never done……..

2 consultants:

Treating the local population – IP wards and OP clinics
Developing services
Running the University Department
Running the postgraduate training programme
Running the undergraduate teaching programmes
Supervising and running research projects
Liaising with Government and NGOs

Malawi Zambia Consolidation Project

- Undergraduate teaching

- Curriculum Development
- Training in teaching techniques

- **Quality improvement**
- Clinical governance development

Hello!

Jenny Ingram

**Associate Director,
Quality Improvement & Assurance
NHS Grampian, ScIL Faculty
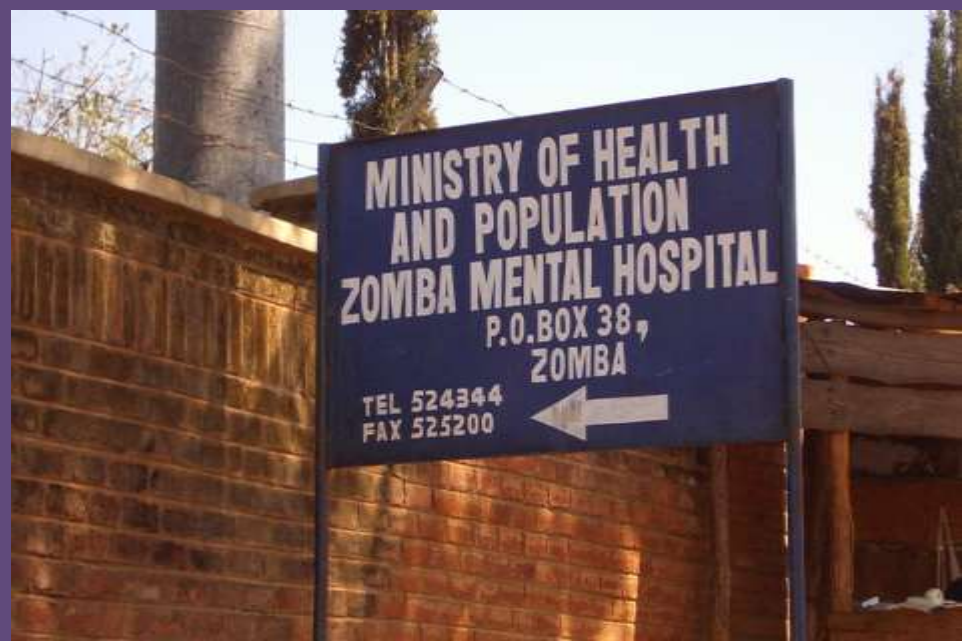jenny.ingram@nhs.net**

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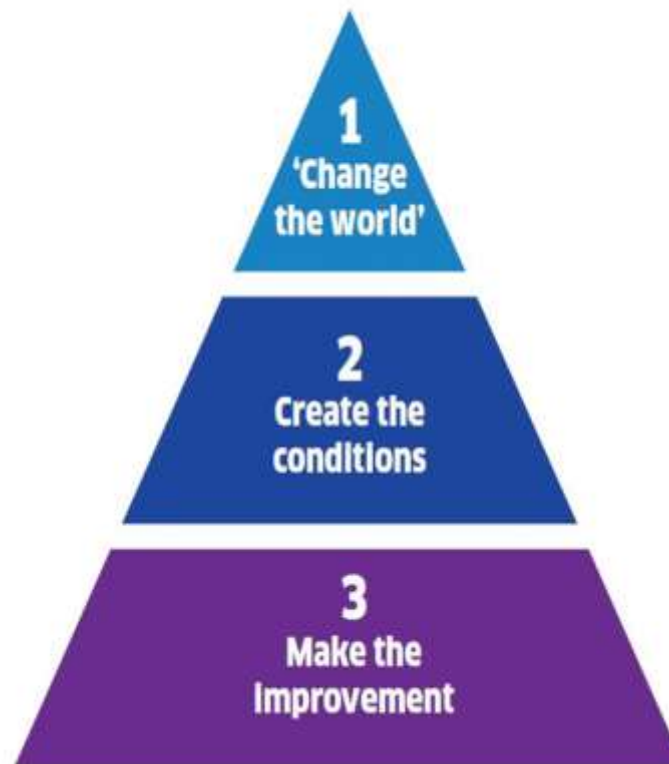# Mental Health Improvement Collaborative

Why QI?

By continually working to improve all processes we increase our learning and knowledge

QI is not about pass/fail or right/wrong but rather it is about testing a theory

You have a learning opportunity!

The 3-Step Improvement Framework for Scotland's Public Services

Pyramid step	System
1 'Change the world'	**Macro system –** Vision, aim and context.
2 Create the conditions	**Meso system –** Culture, capacity and challenge.
3 Make the Improvement	**Micro system –** Implementation, measurement and improvement

The Scottish Government
Riaghaltas na h-Alba

Create The Conditions

1
Aim
Is there an agreed aim that is understood by everyone in the system?

2
Correct changes
Are we using our full knowledge to identify the right changes and priorities those that are likely to have the biggest impact on our aim?

3
Clear change method
Does everyone know and understand the method(s) we will use to improve?

4
Measurement
Can we measure and report progress on our improvement aim?
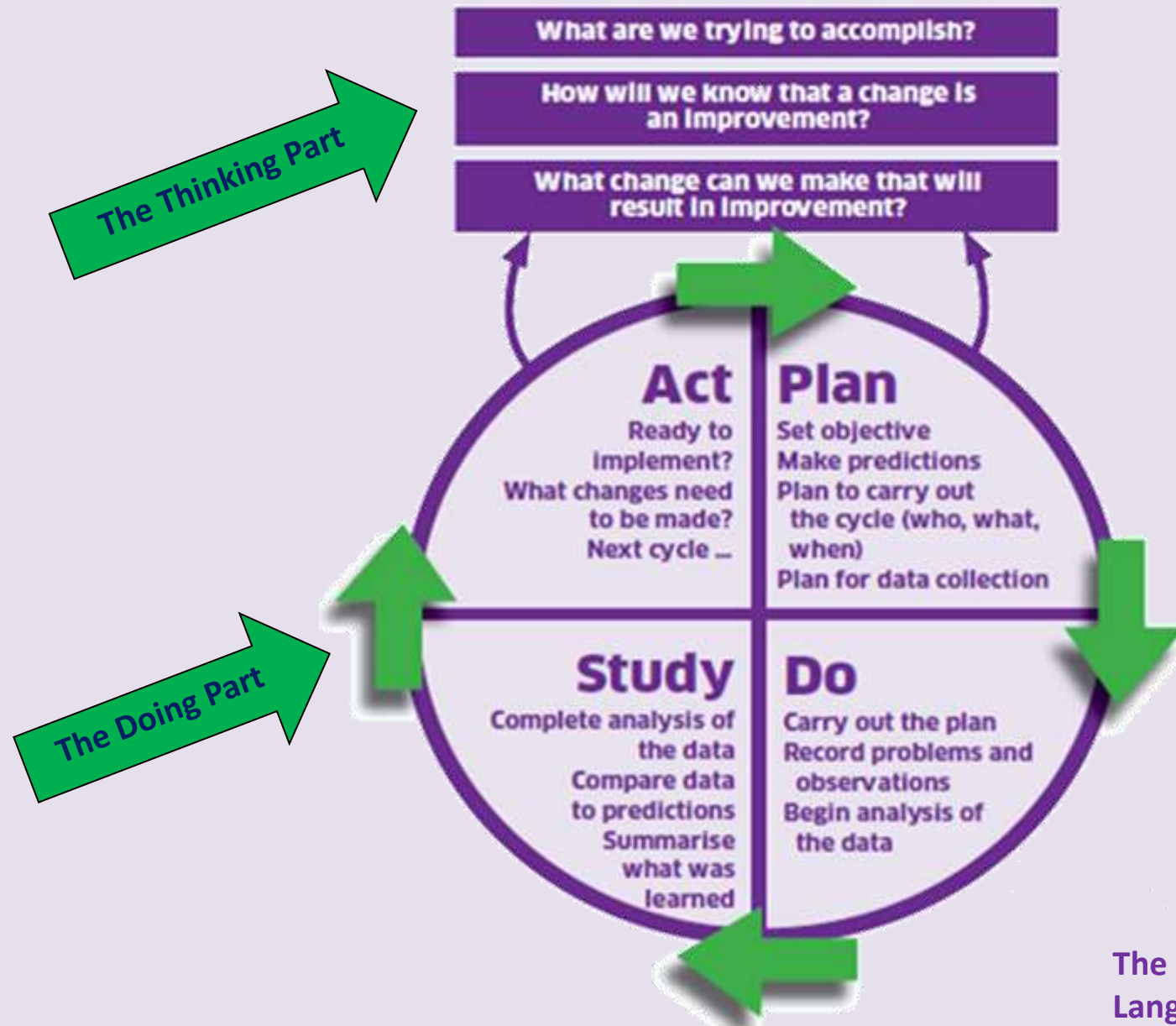
5
Capacity and capability
Are people and other resources deployed in the best way to enable improvement?

6
Spread plan
Have we set out our plans for innovating, testing, implementing and sharing new learning to spread the improvement everywhere it is needed?

The Model for Improvement

What are we trying to accomplish?

How will we know that a change is an improvement?

What change can we make that will result in improvement?

The Thinking Part

The Doing Part

Act
Ready to implement?
What changes need to be made?
Next cycle ...

Plan
Set objective
Make predictions
Plan to carry out the cycle (who, what, when)
Plan for data collection

Study
Complete analysis of the data
Compare data to predictions
Summarise what was learned

Do
Carry out the plan
Record problems and observations
Begin analysis of the data

The Improvement Guide
Langley et al 2009 2nd edition