

## **NHS Scotland Global Citizenship Conference 2019**

### **“Developing Sustainable Health Partnerships”**

**1 November 2019**

**Murrayfield Stadium, Edinburgh**

### **SG International Development Country - Pakistan Focus**

#### Workshop outline

This Workshop will provide delegates with an overview of the Pakistan population health using the latest data and intelligence available. Demonstrating the health needs of the population, what health partnership work is currently underway and where there are gaps.

#### Facilitators

Mark Cooney – Scottish Government Pakistan Lead

Themina Mohammed – ISD Analyst

SG International Development Fund £10 million per year

- Development Assistance & Investment Stream, Capacity Strengthening

Engagement Strategy for Pakistan extends beyond Global Health initiatives. Engagement Strategy includes the following 4 strands:

- Trade Investment and Enterprise
- Education and Skills
- Energy and Water
- Culture and Heritage

#### Pakistan Health Profile

- Pakistan is experiencing a rise in non-communicable disease (i.e tobacco, high blood pressure), which is increasing mortality.
- Proportionally Pakistan has seen reductions in neo-natal mortality and infectious disease mortality.
- Risk factors including Malnutrition and related Dietary Problems remain high risk in some parts of population.

#### Initiatives

1. Twinning project, Lahore – Glasgow Children’s Hospitals
2. Forensic Mental Health Project
3. ‘Honouring Our Mothers’ – Midwifery Training Project.
4. ‘North to North’ – project

#### Areas for Discussion

#### **Health care; Health protection; Health promotion**

Contributions came from a range of attendees, including specialists in public health, health technology and mental health. Key points included:

- Opportunities for interaction and collaboration between NGO's and public hospital. Questions about how, and whether, we can extend support to non-governmental institutions and initiatives.
- How can we translate existing public health initiatives from Scotland to Pakistan to combat emerging threats from non-communicable disease, whilst adapting to differences within the regional context.
- Immunisations: Discussions about the perceptions of external immunisation campaigns, and how can we build local confidence in institutions, and international development programmes.
- Acknowledgement of positive changes in the political situation within Pakistan, and questions about how we can make best use of the opportunities that this creates.
- Effectively mapping the needs within Pakistan for health interventions. The Institute of Rural Management, has a good network that can provide information existing health issues.
- Interest in opportunities for introducing innovative health technologies, including low cost non-medicinal solutions. Attendee offered to do research as part of thesis at London School of Hygiene and Tropical Medicine. Enquired about relevant emerging themes.

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