

## **NHS Scotland Global Citizenship Conference 2019**

### **“Developing Sustainable Health Partnerships”**

**1 November 2019**

**Murrayfield Stadium, Edinburgh**

### **Workshop - Active Global Citizenship in NHS Scotland**

#### Workshop outline

This session looks at:

- 1) what we mean by Active Global Citizenship, and
- 2) how our choices and actions may have repercussions for people and communities locally, nationally and internationally.

The workshop will seek your input to the NHS Scotland Active Global Citizenship resources being developed for NHS Scotland

#### **Note:**

Active Global citizenship is developing from the concept that when people experience overseas volunteering that they want to embed what they have learned in their practice..

Understanding and recognizing your values and how these impact on your work and personal life.

When we volunteer overseas we are representative of NHS Scotland.

Our work experience influences our personal life and that of our family and friends.

Support when you return from overseas volunteering is available and it is good to share your experiences with colleagues and other Board Champions.

#### Foundations

- Poverty leads to poor health
- Inequality results in health inequality
- Climate change is a public health emergency

Scotdec primarily works and provides training for Global Citizenship with schools and the education sector.

#### **Exercise 1 - What are Global Citizenship Initiatives?**

- Ensuring our health partnerships work is aligned with partner countries national plans and priorities
- Supporting NHS sustainability initiatives
- Learning new ways of doing things when volunteering overseas and bringing these back to NHS Scotland
- Participating in my local community

- Opportunities to take informed and reflective action
- Finding out about issues of social justice locally and globally
- Acknowledging the complexity of global issues and encouraging with multiple perspectives
- Exploring local-global connections and our views, values and assumptions
- Asking questions and critical thinking
- A health partnership which plans, implements and learns together
- Thinking about how we could reduce the environment impact of our health partnership work

### **What are NOT Global Citizenship initiatives?**

- Only about far away places and people
- Telling people what to think and do
- Providing simple solutions to complex issues
- Focussing on charitable funding
- Implementing health initiatives which have not been prioritised by our partners countries
- Applying for grants for projects where our partners are not in the lead

### **Exercise 2 - Looking at the Sustainable Development Goals**

- Stand next to the goal that means the most to you on a PERSONAL level and discuss why it is important to you:
  - People stood next to the following Goals
    - Goal 1 – No poverty
    - Goal 3 - Good Health and Wellbeing
    - Goal 4 – Quality Education
    - Goal 5 – Gender Equality
    - Goal 6 – Clean water and sanitation
    - Goal 13 - Peace and Justice
    - Goal 16 – Climate Action
- Stand next to the goal that means the most to you on a PROFESSIONAL level and discuss why it is important to you:
  - People stood next to the following Goals
    - Goal 1 – No poverty
    - Goal 3 - Good Health and Wellbeing
    - Goal 4 – Quality Education
    - Goal 5 – Gender Equality
    - Goal 6 – Clean water and sanitation
    - Goal 10 – Reduced Inequalities
    - Goal 11 – Sustainable cities and communities
    - Goal 17 – Partnerships for the Goals

### **Exercise 3 – How can we make changes?**

- Lobbying Government
  - To make changes to industry
- Advocacy
  - Being a voice for those who don't have one
  - Spreading awareness to gain further support – Networking with Colleagues
  - For twinning
- Promoting locally
- Defending social justice
  - Having the courage to challenge the status quo
- Using your own career choices
- Sharing solutions for improved and effective medicine prescribing
- Procurement- asking what funding is made locally
- Asking institutions for Fair trade policies and ethical procurement
- Developing processes for sharing medical equipment
- Review single use policies and devices
- Personal choices
  - E.g. reducing plastic use and increasing reusable products
- Educating
  - Media, politicians
- Co-creation
  - Bring people with you when making changes and give them ownership
- Whistleblowing Wisely
  - Agitating those with power
- Further self-education
- Personal reflection

### **Exercise 4 – What training do you need to in order to achieve this**

- Single use plastic waste in surgical context
  - Making people aware of this
- Ethical and sustainable connectedness

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